

SKI WEST & SKI LINDY 2019

PLANNING THE STAY

Legend:

Thematic workshops	= All levels. The workshops take place in the morning (10h-12h).
Beginner Course	= 0 to 3 months of classes.
Intermediate Course	= between 3 and 12 months of lessons
Advanced Course	= +12 months of lessons & regular practice in the evening
Master Class Course	= +3 years of courses & regular workshops
Courses all levels	= from beginner to advanced

SUNDAY		Multipurpose room Plagne Bellecôte (See plan in welcome booklet)												
		From 2 pm	Pickup of discount ski passes, bracelets "full pass" and vouchers for food boxes.											
		From 5 pm	Pickup of housing keys then pickup of ski equipment at SKISET (See plan in welcome booklet)											
		7 pm <u>precisely</u>	Information meeting in multipurpose room											
		7:30 pm to 7:50 pm	Pickup food boxes for the week (if you booked the option)											
		IMPORTANT	For an arrival after 7:30 pm: contact us as soon as possible (by SMS): Alain 0620278165 to organize your arrival.											
		8:30 pm	Dinner (in your apartments or in one of the restaurants of Plagne Bellecôte). Pre-registration in multipurpose room (the same day before 7pm)											
10 pm – 12 am	WCS & Lindy Mix Party DJ Emma and Sylvain													
MONDAY		Multipurpose room (Plagne Bellecôte) <u>How to get there:</u> when you are facing the ESF of Plagne Bellecôte, open the small wooden fence to the right of the ESF and follow the path that runs along the pool on 30m				Congress Hall (Belle Plagne) <u>How to get there:</u> from Plagne Bellecôte: take the Roche de Mio cabin lift to Belle Plagne then follow the signs.				Non-dance activities				
		Room 1	Room 2	Room 3	Room 4	Room 1	Room 2	Room 3	Room 4	Room 1	Room 2	Room 3	Room 4	
9h20-9h30														9h20 am: Ski in small groups Appointment in front ESF (in front of the wooden panel). At 9:20, we will make up the groups of skiers then departure at <u>9:30 precise</u>

10h00-10h55	private lessons ***	Lindy thematic workshop * Aurélien Et Laure					
11h00-11h55	private lessons ***	Lindy thematic workshop * Aurélien Et Laure					12h00 : Friendly aperitif – pancake meeting Appointment before the ESF or directly at Bonnet (Plagne Bellecote above the chairlift Arpettes)
13h45							13h45 : Racket excursion (groups of 12 people max) Appointment before the ESF Departure for snowshoeing (with ESF guide) Registration possible on site at the ESF: +29 € (Be careful, limited places, reservation recommended). Return around 16h15
14h30							14h20: Ski in small groups Appointment before the ESF (in front of the wooden panel) You freely form your groups then departure for 14h30
15h00							from 15h00: Pool excursion (free) outdoor swimming pool heated to 30 ° C Entry included (give your name to the staff) Think about: jerseys, soap, towels (optional hat) (Unaccompanied excursion)
16h45	<p align="center">Welcome drink and presentation of the team</p> <p align="center"><u>Appointment at 16.45</u> precise before the gondola of the Roche de Mio (Plagne Bellecôte) for a departure at 16.50. Meeting in the Congress Hall (Belle Plagne): If you already know the way: go directly to the Congress Hall from 4:45 pm (to avoid traffic jam at the cabin lift.)</p> <p align="center">Beginning of the presentation around 17h20</p> <p align="center">Beginning of lessons at 18h00 until 19h50</p>						
18h00-18h50			Lindy ** beginner Aurélien et Laure	Lindy ** Inter-Advanced Remy et Sarrah	WCS ** Beginner David et Coralie	WCS ** Inter-Advanced Thibault	
19h00-19h50			Lindy ** beginner Remy et Sarrah	Lindy ** Inter-Advanced Aurélien et Laure	WCS ** Beginner Thibault	WCS ** Inter-Advanced David et Coralie	
22h00-00h20			Soirée Lindy - Jazz Roots - Charleston DJ Sylvain <u>Dress-code: vintage</u>		Soirée WCS DJ Emma		

TUESDAY	Multipurpose room (Plagne Bellecôte) (See plan in welcome booklet)		Congress Hall (Belle Plagne)				Non-dance activities
	Room 1	Room 2	Room 1	Room 2	Room 3	Room 4	
	9h20-9h30						9h20: Ski in small groups Appointment in front of ESF (in front of wooden panel). At 9:20, you freely form your groups then departure at 9:30
10h00-10h55	WCS Thematic Workshop * Thibault	private lessons ***					

11h00-11h55	Atelier thématique WCS * Thibault	private lessons ***					
13h45							13h45 : Racket excursion (groups of 12 people max) Appointment in front of ESF Departure for snowshoeing (with ESF guide) Registration possible on site at the ESF: +29 € (Attention, limited places, reservation recommended). Return around 16h15
14h30							14h20: Ski in small groups Appointment ESF (in front of the wooden panel). You freely form your groups then departure at 14h30
15h00	private lessons ***	private lessons ***					15h00 to 19h30 : Pool excursion (free) outdoor swimming pool heated to 30 ° C included entry (give your name to the staff) Think about: jerseys, soap, towels (optional hat) (Unaccompanied excursion)
17h00-17h45	Lindy ** beginner Remy et Sarrah	Lindy ** Inter-Advanced Laure et Aurélien	WCS ** Beginner David et Coralie	WCS ** Inter Alexandre	WCS ** Advanced Thibault		
17h50-18h35	Lindy ** beginner Laure et Aurelien	Lindy ** Inter-Advanced Remy et Sarrah	WCS ** Beginner Thibault	WCS ** Inter David et Coralie	WCS ** Advanced Alexandre		
18h40-19h25	Jazz Roots ** All skill levels Remy et Sarrah		WCS ** Débutant Alexandre	WCS ** Inter Thibault	WCS ** Advanced David et Coralie		
19h30-20h15			Free practice mix West Coast Swing & Lindy Hop		WCS ** Master Class Alexandre		19h30-20h15 Meet at the bar "La Cave" for a friendly moment (bar located on ground floor of the residence, 10m from the reception Maeva to the left when we are in front)
20h30-22h30	<p align="center">Excursion to the Savoyard restaurant Appointment directly in the restaurant at 8:45 pm (restaurant located just below the Congress Hall of Belle Plagne) Restaurant K2 (everyone pays his own) No need to pre-register. Typically, 95% of participants come to this friendly evening.</p> <p align="center">Single formula: 22 € including salad + raclette + tartiflette + fondue + 2 glasses of wine + dessert. Possibility to order from the menu</p>						
22h30-00h20			Lindy Night - Jazz Roots - Charleston DJ Cesarine and Trio Cesarine and the Swing Cotton		WCS party DJ Sing Joe		

WEDNESDAY	Multipurpose room (Plagne Bellecôte) (See plan in welcome booklet)		Congress Hall (Belle Plagne)				Non-dance activities
	Room 1	Room 2	Room 1	Room 2	Room 3	Room 4	
	9h20-9h30						
10h00-10h55	WCS Thematic Workshop * Alexandre	Swing thematic workshop Karine et Philippe					

11h00-11h55	WCS Thematic Workshop * David et Coralie	Swing thematic workshop Karine et Philippe					
13h45							13h45 : Racket excursion (groups of 12 people max) Appointment in front of ESF Departure for snowshoeing (with ESF guide) Registration possible on site at the ESF: +29 € (Attention, limited places, reservation recommended). Return around 16h15
14h30							14h20: Ski in small groups Appointment at ESF (in front of the wooden panel). You freely form your groups then departure at 14h30
Dès 15h00	private lessons ***	private lessons ***					between 15h00 and 19h30 : Pool excursion (free) outdoor swimming pool heated to 30 ° C included entry (give your name to the entry) Think about: jerseys, soap, towels (optional hat) (Unaccompanied excursion)
17h00-17h45	Lindy ** beginner Cesarine	Lindy ** Inter-Advanced Laure et Aurélien	WCS ** Beginner Thibault	WCS ** Inter David et Coralie	WCS ** Advanced Alexandre		
17h50-18h35	Lindy ** beginner Laure et Aurelien	Jazz roots Inter-Advanced Cesarine	WCS ** Beginner Alexandre	WCS ** Inter David et Coralie	WCS ** Advanced Thibault		
18h40-19h25	Swing All skill levels Cesarine		WCS ** Beginner David et Coralie	WCS ** Inter Alexandre	WCS ** Advanced Olivier et Léna		
19h30-20h15					WCS ** Master Class Thibault		<u>19h30-20h15</u> Meet at the bar "La Cave" for a friendly moment (bar located on ground floor of residence, 10m from the reception Maeva to the left when we are in front)
22h00-00h45			Lindy Night - Jazz Roots - Charleston DJ Sylvain <u>Dress Code: white evening.</u>		WCS party DJ Emma <u>Dress Code: white evening.</u>		

Change of part of the teacher team:
Laure, Aurélien, Thibault and Alexandre and David and Coralie leave us,
and Marjorie, Claire, Florian, Noémie, Céline and Allan join us for the second part of the stay.

THURSDAY	Multipurpose room (Plagne Bellecôte) (See plan in welcome booklet)		Congress Hall (Belle Plagne)				Non-dance activities
	Room 1	Room 2	Room 1	Room 2	Room 3	Room 4	
9h20-9h30							9h20: Ski in small groups Appointment in front of ESF (in front of the wooden panel) At 9:20, you freely form your groups then departure at 9:30 am
10h00-10h55	WCS Thematic Workshop * Alexandre	private lessons					
11h00-11h55	WCS Thematic Workshop * Alexandre	private lessons					

13h45							13h45 : Excursion Raquette (groups of 12 pers max) Appointment in front of ESF Departure for snowshoeing (with ESF guide) Registration possible on site at the ESF: +29 € (Attention, limited places, reservation recommended). Return around 16h15
14h30							14h20: Ski in small groups Appointment at ESF (in front of the wooden panel). You freely form your groups then departure at 14h30
15h00	private lessons ***	private lessons ***					Between 15h00 and 19h30 : Pool excursion (free) outdoor swimming pool heated to 30 ° C included entry (give your name to the staff) Think about: jerseys, soap, towels (optional hat) (Unaccompanied excursion)
17h00-17h45	Lindy ** beginner Cesarine	Lindy Inter-Advanced Marjorie et Claire	WCS ** Beginner Olivier et Léna	WCS ** Inter Florian et Noémie	WCS ** Advanced Céline et Allan		
17h50-18h35	Lindy ** beginner Karine et Philippe	Lindy ** Inter-Advanced Marjorie et Claire	WCS ** Beginner Florien et Noémie	WCS ** Inter Céline et Allan	WCS ** Advanced Olivier et Léna		
18h40-19h25		Lindy ** All skill levels Marjorie et Claire	WCS ** Beginner Céline et Allan	WCS ** Inter Olivier et Léna	WCS ** Advanced Florian et Noémie		
19h45-20h45	CRAZY MIX LINDY & WEST COAST SWING POOL PARTY Rendezvous from <u>19:45 to 20:45</u> at the pool for a crazy moment with the whole team.						
22h00-00h45			Soirée Lindy - Jazz Roots - Charleston DJ Cesarine et trio Cesarine et The Swing Cotton <i>Dress Code: vintage</i>		Soirée WCS DJ Sing Joe		

FRIDAY	Multipurpose room (Plagne Bellecôte) (See plan in welcome booklet)		Congress Hall (Belle Plagne)				Non-dance activities
	Room 1	Room 2	Room 1	Room 2	Room 3	Room 4	
9h20-9h30							9h20: Ski in small groups Appointment at ESF (in front of the wooden panel). At 9:20, you freely form your groups then departure for 9:30 am
10h00-10h55	Private lessons ***	Lindy thematic workshop * Claire et Marjorie					
11h00-11h55	Private lessons ***	Lindy thematic workshop * Claire et Marjorie					
13h30							13h45 : Racket excursion (groups of 12 people max) Appointment in front of ESF Departure for snowshoeing (with ESF guide) Registration possible on site at the ESF: +29 € (Attention, limited places, reservation recommended). Return around 16h15

14h30							14h20: Ski in small groups Appointment before the ESF (in front of the wooden pan You freely form your groups then departure for 14h30
15h00	private lessons ***	private lessons ***					de 15h00 à 19h30 : Pool excursion (free) outdoor swimming pool heated to 30 ° C included entry (give your name to the entry) Think about: jerseys, soap, towels (optional hat) (Unaccompanied excursion)
17h00-17h45	Lindy ** beginner Claire et Marjorie	Lindy ** Inter-Advanced Laurent et Bénédicte	WCS ** Beginner Olivier et Léna	WCS ** Inter Florian et Noémie	WCS ** Advanced Céline et Allan		
17h50-18h35	Lindy ** beginner Laurent et Bénédicte	Lindy Inter-Advanced Claire et Marjorie	WCS ** Beginner Florian et Noémie	WCS ** Inter Céline et Allan	WCS ** Advanced Olivier et Léna		
18h40-19h25	Lindy ** beginner Claire et Marjorie	Lindy Inter-Advanced Laurent et Bénédicte	WCS ** Beginner Céline et Allan	WCS ** Inter Olivier et Léna	WCS ** Advanced Florian et Noémie		
19h30-20h00	19h30-20h15 Meeting at the bar "La Cave" for a friendly moment (bar located on the ground floor of the residence, 10m from the reception Maeva to the left when we are in front)						
22h00-00h45			Lindy Hop party DJ Sylvain et Marjorie		WCS party DJ Emma		

Multipurpose room
(Pagne Bellecôte)
(See plan in welcome booklet)

Congress Hall
(Belle Plagne)

Non-dance activities

SATURDAY

	Room 1	Room 2	Room 1	Room 2	Room 3	Room 4	
9h20-9h30							9h20: Ski in small groups Appointment before the ESF (in front of the wooden pan At 9:20, you freely form your groups then departure for 9:30
10h00-10h55	private lessons ***	Swing thematic workshop Laurent et Bénédicte					
11h00-11h55	private lessons ***	Swing thematic workshop Laurent et Bénédicte					
13h30							13h45 : Racket excursion (groups of 12 people max) Appointment before the ESF Departure for snowshoeing (with ESF guide) Registration possible on site at the ESF: +29 € (Be careful, limited places, reservation recommended). Retour vers 16h15
14h30							14h20: Ski in small groups Appointment before the ESF (in front of the wooden pan You freely form your groups then departure for 14h30
15h00	private lessons ***	private lessons ***					de 15h00 à 19h30 : Pool excursion (free) outdoor swimming pool heated to 30 ° C included entry (give your name to the entry) Pensez à : maillots, savon, serviettes (bonnet facultatif) (Unaccompanied excursion)

17h00-17h45	Lindy ** beginner Laurent et Bénédicte	Lindy ** Inter-Advanced Claire et Marjorie	WCS ** Débutant Olivier et Léna	WCS ** Inter Florian et Noémie	WCS ** Advanced Céline et Allan		
17h50-18h35	Lindy ** beginner Claire et Marjorie	Lindy ** Inter-Advanced Laurent et Bénédicte	WCS ** Débutant Florien et Noémie	WCS ** Inter Céline et Allan	WCS ** Advanced Olivier et Léna		
18h40-19h25	Lindy ** beginner Laurent et Benedicte	Lindy ** Inter-Advanced Claire et Marjorie	WCS ** Débutant Céline et Allan	WCS ** Inter Olivier et Léna	WCS ** Advanced Florian et Noémie		
19h30-22h00	Cleaning in your apartment You can pay a cleaning service by reserving directly at the reception Maeva						
22h00-00h45	WCS & Lindy Hop Mixed Party DJ Sylvain et Emma Dress code: the detail that kills <u>Wear a fun detail (cape of superheroes, ...)</u>						

DIMANCHE

Check-out in one of the Maeva apartments

Appointment between 7h and 10h in one of the apartments of the residence (No. displayed in multipurpose room on Saturday from 22h):
you will return the keys

The apartments must be made perfectly clean and bins out (container in front of the reception Maeva, parking side)
End of check-out: 10am (mandatory)

For an early check-out (Friday or Saturday): _____
Put everything (keys and sheets) your roommates and they will not give everything on Sunday morning

If you do not have any roommates: return all (keys and sheets) directly to Maeva and send us an SMS to inform us of your departure at 0620278165

7h - 10h

References

(*) OPERATION OF MORNING COURSES

Morning classes are all levels and do not require a partner.
Price: 30 € to book on our site for access to all classes in the morning or 20 € on site per morning.

(**) OPERATION OF END OF DAY COURSES

You can move freely from one course level to another. However, be sure to only participate in the courses that correspond to you to avoid disrupting teaching.
Price: 40 € for the week if you have subscribed to our basic package or 98 € if you are staying in the resort by your own means.
Payment on our site or on site.

(***) OPERATION OF PRIVATE COURSES

Teacher's rate **Room reservation form (to be completed by the teachers only)**

<u>Alexandre:</u>	<u>Lundi</u>	<u>Mardi</u>	<u>Mercredi</u>
1 student = ??	10h-10h55 (Salle Bellecôte - salle 1): prof / Elève:	10h-10h55 (Salle Bellecôte - salle 2): prof / Elève:	10h-10h55 (Salle Bellecôte - salle 2): prof / Elève:
1 couple = ??	11h-11h55 (Salle Bellecôte - salle 1): prof / Elève:	11h-11h55 (Salle Bellecôte - salle 2): prof / Elève:	11h-11h55 (Salle Bellecôte - salle 2): prof / Elève:
<u>Aurélien et Laure:</u>		15h-16h30 (Salle Bellecôte - salle 1) prof :..... / Elève:	15h-16h30 (Salle Bellecôte - salle 1) prof :..... / Elève:
1 student = ??		15h-16h30 (Salle Bellecôte - salle 2) prof :..... / Elève:	15h-16h30 (Salle Bellecôte - salle 2) prof :..... / Elève:
1 couple = ??			

David et Coralie: 1 élève = ?? 1 couple = ??					
Thibault: 1 élève = ?? 1 couple = ??	Jeudi 10h-10h55 (Salle Bellecôte - salle 1): prof / Elève: 11h-11h55 (Salle Bellecôte - salle 1): prof / Elève: 15h-16h30 (Salle Bellecôte - salle 1) prof :..... / Elève: 15h-16h30 (Salle Bellecôte - salle 2) prof :..... / Elève:	Vendredi 10h-10h55 (Salle Bellecôte - salle 1): prof / Elève: 11h-11h55 (Salle Bellecôte - salle 1): prof / Elève: 15h-16h30 (Salle Bellecôte - salle 1) prof :..... / Elève: 15h-16h30 (Salle Bellecôte - salle 2) prof :..... / Elève:	Samedi 10h-10h55 (Salle Bellecôte - salle 1): prof / Elève: 11h-11h55 (Salle Bellecôte - salle 1): prof / Elève: 15h-16h30 (Salle Bellecôte - salle 1) prof :..... / Elève: 15h-16h30 (Salle Bellecôte - salle 2) prof :..... / Elève:		
Olivier et Léna: 1 élève = ?? 1 couple = ??					
Marjory et Claire: 1 élève = ?? 1 couple = ??					
Florian et Noémie 1 élève = ?? 1 couple = ??					
Céline et Allan: 1 élève = ?? 1 couple = ??					

(****) OPERATION OF EVENINGS

Taxi-danseurs:

There are 2 West Coast Swing coaches - taxi dancers available every evening (from 22:00 to 23:15 only) from Sunday to Saturday.

These coaches allow you to start with confidence and review what you have learned with the attentive and caring eyes of a good dancer.

Introduce yourself to him during the evening and he will be happy to make you dance.